

# SERVICES FOR OLDER ADULTS IN THE FAIRFAX AREA

*Compiled by the Department of Family Services*

## **FAIRFAX AREA AGENCY ON AGING**

12011 Government Center Parkway, Suite 708

Fairfax, Virginia 22035-1104

Main Number: 703-324-5411; Toll-Free: 1-866-503-0217

Aging Information Specialists: 703-324-7948

TTY: 703-449-1186; FAX: 703-449-8689

Coordinated Services Planning - Spanish Line: 703-631-3366

Web site: [www.fairfaxcounty.gov/service/aaa](http://www.fairfaxcounty.gov/service/aaa)

## **Frequently Called Numbers**

### **Adult Education**

AARP 55-Alive Driver Safety Program.....	Toll-Free 1-888-227-7669
Adult & Community Education, Fairfax County Public Schools .....	703-227-2200
Registration Centers	
Alexandria .....	703-660-2056
Centreville .....	703-227-2200
Fairfax .....	703-503-6400
Falls Church .....	703-506-2340
American Automobile Association, Safe Driving Program .....	703-222-4112
Elderhostel.....	Toll-Free 1-877-426-8056
GrandDriver .....	Toll-Free 1-800-552-3402
Lifetime Learning Institute of Northern Virginia .....	703-503-0600
Mature Operator Driver Improvement Program,	
Fairfax County Police Department.....	703-280-0621
Osher Lifelong Learning Institute at George Mason University	
(formerly Learning In Retirement Institute).....	703-503-3384
Reston Community Center Senior Academy .....	703-476-4500
Shepherd's Center of Oakton-Vienna .....	703-281-0538

### **Caregiving**

Caregiver Information .....	703-324-7948
(For information about caregiving, support groups and other supportive services.)	
<i>Caregiver's Corner Online</i>	
Look for "Family Caregivers of Older Adults" at:.....	<a href="http://www.fairfaxcounty.gov/email/lists">www.fairfaxcounty.gov/email/lists</a>
Eldercare Locator ( <a href="http://www.eldercare.gov">www.eldercare.gov</a> ).....	Toll-Free 1-800-677-1116
National Family Caregivers Association .....	Toll-Free 1-800-896-3650 or 301-942-6430

### **Consumer Assistance**

AARP Tax-Aide Program (January 1-April 15) .....	Toll-Free 1-888-227-7669
Benefits Checkup, National Council on the Aging .....	202-479-1200
Better Business Bureau .....	202-393-8000

Cable Communications and Consumer Protection, Fairfax County .....	703-222-8435
Citizen Assistance, Fairfax County Government Center .....	703-324-3185
City of Fairfax .....	703-385-7894
City of Falls Church .....	703-248-5005
Consumer Credit Counseling Service of Northern Virginia .....	703-591-9020
Coordinated Services Planning, Fairfax County .....	703-222-0880
Credit Counseling Program, Northern Virginia Family Service .....	703-385-3267
Fairfax County Government Info Line .....	703-324-INFO
Golden Gazette Newspaper .....	703-324-5633
Virginia Insurance Counseling & Assistance Program (VICAP), Area Agency on Aging .....	703-324-5851

### **Counseling and Support**

Al-Anon .....	703-764-0476
Alcohol and Drug Services, Fairfax-Falls Church Community Services Board .....	703-359-7040
Alcoholics Anonymous .....	703-876-6166
Alzheimer's Association, National Capital Area Chapter .....	Toll-Free 1-866-259-0042
American Cancer Society .....	Toll-Free 1-888-227-6333 or 703-938-5550
American Diabetes Association .....	202-331-8303
American Heart Association .....	703-941-8500
American Lung Association of Northern Virginia .....	703-591-4131
Arthritis Foundation .....	202-537-6800
Catholic Charities, St. Martin's Elderly Services and Senior Center .....	703-751-2766
Center for Multicultural Human Services .....	703-533-3302
Columbia Dominion Hospital .....	703-538-2872
Community Mental Health Centers, Fairfax-Falls Church Community Services Board	
Intake Line - General Information/Services .....	703-481-4230
Mt. Vernon Center .....	703-360-6910
Northwest Center .....	703-481-4100
Woodburn Center .....	703-573-0523
Emergencies (24 hours) .....	Spanish Line: 703-481-4121; English Line: 703-573-5679
Grief Program, Springfield Site .....	703-866-2119
Haven of Northern Virginia .....	703-941-7000
Jewish Council for the Aging, Senior Helpline .....	703-425-0999
Jewish Social Service Agency .....	703-204-9100
Life With Cancer, Inova Fairfax Hospital .....	703-698-2841
Northern Virginia Family Service .....	703-385-3267
Parkinson Disease	
American Parkinson Disease Association Information and Referral Center .....	1-434-982-4482
Parkinson Foundation of the National Capital Area .....	703-891-0821
Stroke Clubs, Fairfax County Health Department .....	703-246-7120
Victim Assistance Network .....	703-360-7273
Widowed Persons Service of Northern Virginia .....	703-281-9595
Women's Center (The) .....	703-281-2657

## **Day Care and Respite Care Services**

Alzheimer's Family Day Center (formerly Family Respite Center) .....	703-204-4664
In-Home Bathing and Respite Program, Fairfax County Department of Family Services .....	703-222-0880
Day Health Care for Older Adults, Fairfax County Health Department	
Annandale Center .....	703-750-3316
Herndon Harbor Center .....	703-435-8729
Lewinsville Center .....	703-734-1718
Lincolnia Center .....	703-914-0226
Mt. Vernon Center .....	703-704-6050
Saturday Program .....	703-734-1718
Leewood Adult Day Care Center .....	703-256-9770

## **Disability Services**

Access Services, Fairfax County Library .....	TTY...703-324-8365; Voice...703-324-8380
Americans With Disabilities Act, Paratransit/MetroAccess .....	301-562-5361
Brain Injury Services .....	703-451-8881
Building Accessibility Information, Engineer of the Day, Fairfax County Department of Public Works & Environmental Services .....	703-324-1575
Endeppence Center of Northern Virginia, Inc. ....	703-525-3268
Fairfax Area Disability Services Board.....	703-324-5421
Handicapped Parking Tags, Department of Motor Vehicles .....	Toll-Free 1-866-368-5463
Handicapped Parking Violations, Fairfax County Police Department .....	703-691-2131
Mental Retardation Services, Fairfax-Falls Church Community Services Board .....	703-324-4400
Metro Mobility Link.....	202-962-6464
Metropolitan Washington Ear .....	301-681-6636
Northern Virginia Brain Injury Association .....	703-569-1855
Northern Virginia Resource Center for Deaf & Hard of Hearing Persons .....	703-352-9055
Prevention of Blindness Society of the Metropolitan Area .....	202-234-1010
Project WORD (Working/Organizing Resources for People With Disabilities).....	703-525-9673
Services for the Visually Impaired.....	301-589-0894
Virginia Assistive Technology System (VATS) .....	703-993-3670
Virginia Department for the Blind and Vision Impaired .....	703-359-1100
Virginia Department for the Deaf & Hard of Hearing.....	Toll-Free 1-800-552-7917
Virginia Department of Rehabilitative Services .....	703-359-1124
Virginia Relay Center.....	Voice and TTY 711
Vision Forum (support groups for people with visual impairment) .....	703-324-8380

## **Discrimination Issues**

Human Rights Commission, Fairfax County (complaints about discrimination in the <u>community</u> ) .....	703-324-2953
Office of Equity Programs, Fairfax County (complaints about discrimination by <u>county agencies</u> ) .....	703-324-2207

## **Employment/Training Services**

Computer Training	
Adult & Community Education, Fairfax County Public Schools .....	703-503-6400
Reston Community Center Senior Academy .....	703-476-4500
SeniorNet Computer Learning Center .....	301-255-4217

Education for Independence, Adult & Community Education .....	703-660-2065
Employment Resource Centers, Fairfax County Department of Family Services	
Alexandria .....	703-704-6286
Fairfax .....	703-324-7280
Falls Church .....	703-533-5400
Reston .....	703-787-4974
Fairfax County Job Application Center .....	703-222-5872
Newcomer's Community Service Center .....	703-241-0300
Senior Community Service Employment Program, Area Agency on Aging .....	703-324-5426
Senior Employment Resources (SER).....	703-750-1936
UCM Work Force Development Center .....	703-360-9088
Virginia Department of Rehabilitative Services .....	703-359-1124
Virginia Workforce Center at the Virginia Employment Commission .....	703-803-0000

### **Financial Assistance**

#### **Energy Assistance Programs, Fairfax County**

Department of Family Services .....	703-324-7604
Human Services Coordinated Services Planning .....	703-222-0880
Fan Care Program, Area Agency on Aging (June 1-September 1).....	703-324-5411
Food Stamps, Fairfax County Department of Family Services	
Fairfax Office .....	703-324-7500; 703-324-7905 (Pre-recorded Info Line)
Falls Church Office .....	703-533-5300
Reston Office.....	703-787-4900
South County Office .....	703-704-6353

#### **Home Repair Program for the Elderly, Fairfax County Department of**

Housing & Community Development.....	703-246-5154
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#### **Medicaid, Fairfax County Department of Family Services**

Fairfax Office .....	703-324-7500
Falls Church Office .....	703-533-5300
Reston Office.....	703-481-4025
South County Office .....	703-704-6353
Long-Term Care .....	703-324-7504

#### **Medicare**

Enrollment .....	Toll-Free 1-800-772-1213
Questions About Coverage .....	Toll-Free 1-800-444-4606

Social Security Administration .....	Toll-Free 1-800-772-1213
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Tax Relief, Fairfax County Department of Tax Administration .....	703-222-8234
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Virginia Employment Commission, Unemployment Insurance .....	703-803-0000
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### **Grandparents Raising Grandchildren/Kinship Care**

Center for Elder Rights, Virginia Department for the Aging .....	Toll-Free 1-800-552-3402
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Generations United .....	202-289-3979
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Fairfax Area Agency on Aging .....	703-324-5401
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#### **Grandparent Information Center, American Association**

of Retired Persons (AARP) .....	202-434-2296
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## **Health-Related Services**

### **American Red Cross**

North Fairfax Office (Herndon) .....	703-964-0005
South Fairfax Office (Ft. Belvoir) .....	703-805-2057

### **Community Health Care Network (CHCN), Fairfax County Health Department**

Bailey's Health Center .....	703-237-3446
North County Health Center .....	703-689-2180
South County Health Center .....	703-704-5333

Capital Hospice (formerly Hospice of the National Capital Region)..... Toll-Free 1-800-869-2136

Community Hospice of Virginia..... 703-534-8090

### **Dental Services**

Dental Hygiene Clinic, Northern Virginia Community College .....	703-323-3349
Donated Dental Services, Virginia Dental Association .....	1-804-264-9010
Northern Virginia Dental Clinic, Inc. (To access, call one of four agencies below.)	
Coordinated Services Planning .....	703-222-0880
Hispanic Committee of Virginia .....	703-671-5666
Northern Virginia Family Service .....	703-385-3267
United Community Ministries.....	703-768-7106
Northern Virginia Dental Society (Dental Referrals, Denture Help Hotline) .....	703-642-5297

EyeCare America..... Toll-Free 1-800-222-3937

Fairfax County Medical Society .....

Health Department, Fairfax County .....

Birth and Death Certificates .....	703-246-7122
Falls Church District Office .....	703-534-8343
Herndon/Reston District Office .....	703-481-4242
Joseph Willard Health Center (Fairfax) .....	703-246-7100
South County District Office .....	703-704-5203
Springfield District Office .....	703-569-1031

### **Medicaid, Fairfax County Department of Family Services**

Fairfax Office .....	703-324-7500
Falls Church Office.....	703-533-5300
Reston Office.....	703-481-4025
South County Office .....	703-704-6353
Long-Term Care .....	703-324-7504

Medical Education Center Primary Care Clinic..... 703-323-3881

Medicare..... Toll-Free 1-800-444-4606

## **Home Care Services**

Capital Hospice (formerly Hospice of the National Capital Region)..... Toll-Free 1-800-869-2136

Companion Registry, Area Agency on Aging..... 703-324-7948

Community Hospice of Virginia..... 703-534-8090

Emergency Response Systems (for information, call Area Agency on Aging)..... 703-324-7948

Friendship, Senior..... 703-324-5411

Home Care Information .....

(For information about home care and to receive a copy of the home care packet,  
"Finding Your Way Through The Home Care Maze.")

Homemaker Services, Fairfax County Department of Family Services ..... 703-222-0880

In-Home Bathing and Respite Program, Fairfax County Department of Family Services .....	703-222-0880
Telephone Reassurance.....	703-324-5411
Volunteer Home Services for Seniors.....	703-324-5438

### **Housing and Home Repair**

City of Falls Church Department of Housing & Human Services .....	703-248-5005
Fairfax County Department of Housing & Community Development .....	703-385-3662
Home Repair for the Elderly .....	703-246-5154
Senior and Specialized Housing Programs .....	703-914-0551
Waiting List Information Line .....	703-449-9050
Housing Information.....	703-324-7948
(For information about housing options, call the Area Agency on Aging to receive a copy of the "Guide to Retirement Living" and the "Low and Moderate Income Housing Guide.")	
Northern Virginia Family Service .....	703-385-3267
Rebuilding Together Program (formerly Christmas/Sukkot in April) .....	703-528-5606
State Division of Consumer Affairs (Tenant-Landlord Issues) .....	Toll-Free 1-800-552-9963
Virginia Weatherization Program .....	1-540-662-8960

### **Legal Assistance**

Fairfax Lawyer Referral and Information Service.....	703-246-3780
Legal Services of Northern Virginia .....	703-246-4500
Potomac Legal Aid.....	703-532-2525

### **Loan Closets**

National Multiple Sclerosis Society .....	202-296-9891
Wheelchair Society .....	301-495-0277

### **Long Distance Caregivers**

Eldercare Locator ( <a href="http://www.eldercare.gov">www.eldercare.gov</a> ) .....	Toll-Free 1-800-677-1116
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### **Long-Term Care Information**

Long-Term Care Insurance Counseling, Area Agency on Aging .....	703-324-5851
Northern Virginia Long-Term Care Ombudsman .....	703-324-5861

### **Nutrition**

Meals on Wheels .....	703-324-5411
Nutritional Supplement Program.....	703-324-5411
Senior Centers.....	703-324-5544

### **Recreation/Socialization**

Community and Recreation Services, Fairfax County Department of.....	703-324-4386
Adult Recreation Classes .....	703-222-4664
Senior Centers .....	703-324-5544
Tours .....	703-222-4664
Health Education & Physical Fitness Program for Older Adults (HEP) .....	703-993-3701
Park Authority, Fairfax County .....	703-324-8700

Parks and Recreation Department, City of Fairfax.....	703-385-7858
Recreation and Parks Department, City of Falls Church .....	703-248-5077
St. Martin's Elderly Services and Senior Center, Catholic Charities .....	703-751-2766

### **Social Services**

Care Network for Seniors, Department of Family Services.....	703-222-0880
Center for Multicultural Human Services .....	703-533-3302
ElderLink.....	703-324-5374
Family Services, Fairfax County Department of	
Fairfax Office .....	703-324-7948
Falls Church Office.....	703-533-5300
Reston Office.....	703-481-4025
South County Office .....	703-704-6353
Adult Protective Services (APS).....	703-324-7450
Hispanic Committee of Virginia.....	703-671-5666
Jewish Social Service Agency Case Management Program .....	703-204-9100
Korean Community Service Center .....	703-354-6345
Northern Virginia Family Service .....	703-385-3267

### **Transportation**

Americans With Disabilities Act Paratransit/MetroAccess .....	301-562-5361
CITY WHEELS, City of Fairfax .....	703-385-7894
Connect-a-Ride, Jewish Council for the Aging .....	703-323-6494
Cue Bus, City of Fairfax.....	703-385-7859
Fairfax Connector (Includes Reston Internal Bus System - RIBS).....	703-339-7200
Farewheels, City of Falls Church .....	703-248-5005
FASTRAN, Fairfax County.....	703-222-9764
Metro Mobility Link.....	202-962-6464
Metrobus/Metrorail.....	202-637-7000
Seniors-on-the-Go! Fairfax County Department of Transportation .....	703-324-1172
Transportation, Volunteer Groups.....	703-222-0880

### **Volunteer Opportunities**

Fairfax Area Agency on Aging .....	703-324-5406
Programs include: Friendship, Senior; Guardianship; Meals on Wheels; Ombudsman; Pets on Wheels; Seniors in Action; Telephone Reassurance; Virginia Insurance Counseling and Assistance Program (VICAP); and Volunteer Home Services for Seniors	
RSVP (Retired and Senior Volunteer Program).....	703-549-1607
Volunteer Fairfax .....	703-246-3460

***Any service can be reached by using the Virginia Relay System (TTY) 711. This list is available on tape by calling the Fairfax Area Agency on Aging at 703-324-5411.***